



APRIL 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 5:15AM STRENGTH MOBILITY- BEN 8:30AM-PILATES - TARYN 10:00AM-SS COMBO-KAYLEE 3:00PM KIDS CLASS-KADI 4:30PM-SCULPT -AMY 5:30PM-YOGA-LIS 6:45PM-NO CLASS	2 5:00AM-SCULPT-KAYLEE GLUTES/CORE 8:30AM-SPIN FUSION-AMY 10:00AM-YOGA-BAILEY 5:00PM- SCULPT- HEATHER	3 5:00AM-SPIN-KADI 8:30AM-SCULPT-AMANDA 10:00AM-SS COMBO-AMY 3:30PM KIDS CLASS-KADI	4 8:30AM-YOGA-LIS
5  EASTER SUNDAY	6 5:00AM SCULPT - KADI INNER/SHOULDERS 8:30AM-SPIN-AMY 10:00AM-SS COMBO-AMY 4:00PM-SCULPT-ISAIAH 5:30PM-YOGA-LIS 6:45PM-HIGH FITNESS- RACHELLE	7 5:00AM-SPIN-KADI 8:30AM-SCULPT-AMY 10:00AM-YOGA-KADI 5:00PM-SCULPT-HEATHER	8 5:15AM STRENGTH MOBILITY- BEN 8:30AM-PILATES - TARYN 10:00AM-SS COMBO-AMANDA 3:00PM KIDS CLASS-KADI 4:30PM-SCULPT -AMY 5:30PM-YOGA-LIS 6:45PM-HIGH FITNESS- RACHELLE	9 5:00AM-SCULPT-KAYLEE QUADS/ARMS 8:30AM-SPIN FUSION-AMY 10:00AM-YOGA-BAILEY 5:00PM- SCULPT- HEATHER	10 5:00AM-SPIN-KADI 8:30AM-SCULPT-AMANDA 10:00AM-SS COMBO-AMY 3:30PM KIDS CLASS-KADI	11 8:30AM-YOGA-LIS
12	13 5:00AM SCULPT - KADI OUTTER/CHEST 8:30AM-SPIN-AMY 10:00AM-SS COMBO-AMY 4:00PM-SCULPT-ISAIAH 5:30PM-YOGA-LIS 6:45PM-HIGH FITNESS- RACHELLE	14 5:00AM-SPIN-KADI 8:30AM-SCULPT-AMY 10:00AM-YOGA-KADI 5:00PM-SCULPT-HEATHER	15 5:15AM STRENGTH MOBILITY- BEN 8:30AM-PILATES - TARYN 10:00AM-SS COMBO-KADI 3:00PM KIDS CLASS-KADI 4:30PM-SCULPT -AMY 5:30PM-YOGA-LIS 6:45PM-HIGH FITNESS- RACHELLE	16 5:00AM-SCULPT-KADI INNER/SHOULDER 8:30AM-SPIN FUSION-AMY 10:00AM-YOGA-LIS 5:00PM-SCULPT-HEATHER	17 5:00AM-SPIN-KADI 8:30AM-SCULPT-AMANDA 10:00AM-SS COMBO-AMY 3:30PM KIDS CLASS-KADI	18  NO CLASS
19	20 5:00AM SCULPT - KADI BACK/HAMS 8:30AM-SPIN-AMY 10:00AM-SS COMBO-AMY 4:00PM-SCULPT-ISAIAH 5:30PM-YOGA-KADI 6:45PM-HIGH FITNESS- RACHELLE	21 5:00AM-SPIN-KADI 8:30AM-SCULPT-AMY 10:00AM-YOGA-KADI 5:00PM-SCULPT-HEATHER	22 5:15AM STRENGTH MOBILITY- BEN 8:30AM-PILATES - TARYN 10:00AM-SS COMBO-AMANDA 3:00PM KIDS CLASS-KADI 4:30PM-SCULPT -AMY 5:30PM-YOGA-LIS 6:45PM-HIGH FITNESS- RACHELLE	23 5:00AM-SCULPT-KADI OUTTER/CHEST 8:30AM-SPIN FUSION-SUB 10:00AM-YOGA-BAILEY 5:00PM- SCULPT-Heather	24 5:00AM-SPIN-KADI 8:30AM-SCULPT-AMANDA 10:00AM-SS COMBO-SUB 3:30PM KIDS CLASS-KADI	25 8:30AM-YOGA-LIS
26	27 5:00AM SCULPT - KADI QUADS/ARMS 8:30AM-SPIN-AMY 10:00AM-SS COMBO-AMY 4:00PM-SCULPT-ISAIAH 5:30PM-YOGA-LIS 6:45PM-HIGH FITNESS- RACHELLE	28 5:00AM-SPIN-KADI 8:30AM-SCULPT-AMY 10:00AM-YOGA-KADI 5:00PM-SCULPT-HEATHER	29 5:15AM STRENGTH MOBILITY- BEN 8:30AM-PILATES - TARYN 10:00AM-SS COMBO-AMY 3:00PM KIDS CLASS-KADI 4:30PM-SCULPT -AMY 5:30PM-YOGA-LIS 6:45PM-HIGH FITNESS- RACHELLE	30 5:00AM-SCULPT-KADI BACKS/HAMS 8:30AM-SPIN FUSION-AMY 10:00AM-YOGA-BAILEY 5:00PM- SCULPT- SUB		